



JANUARY-JUNE 2026

THE JAMESIAN COMMUNIQUE



“Therefore encourage one another
and build each other up, just as
in fact you are doing.”

– 1 Thessalonians 5:11

FLORENCE NIGHTINGALE

‘I ATTRIBUTE MY SUCCESS TO THIS:
I NEVER GAVE OR TOOK AN EXCUSE.’

St. James College of Nursing

Accredited by NAAC B++ & **KUHS QAS A+**

River Bank, Govt. Hospital Road, Chalakudy-680 307, Thrissur, Kerala, India.

MOB: 9188521464, Phone: 0480 2710971, 2710 900, Fax: 0480 2710 912

Website: www.stjamescollegeofnursing.com E-Mail: st.jamesengcollege@gmail.com

Board of Administration



Bishop H.E. Mar. Pauly Kannookadan
Patron
St. James Hospital Trust



Msgr. Jose Maliekal
President
St. James Hospital Trust



V. Rev. Msgr. Dr. Antu Alappadan
Syncellus, Director
St. James Group of Institutions



Rev. Fr. Antony Mukkattukarakaran
Joint Director, St. James Group of
Institutions



Rev. Fr. Sojo Kannampuzha
Associate Director
St. James Group of Institutions



Dr. Sr. Jijimole Mathew
Principal
St. James College of Nursing



Dr. Christy Antony
Vice Principal
St. James College of Nursing



Dr. Sr. Prasada
Dean
St. James College of Nursing

EDITORIAL TEAM



Mrs Remi Varghese
Lecturer
St.James College of Nursing



Mrs.Aswathy R
Tutor
St.James College of Nursing

Gratitude from the Editorial Board

With great pleasure, we present this edition of the St. James College of Nursing Newsletter, showcasing the academic achievements, co-curricular and extracurricular activities, celebrations, and important events from January 2026 to June 2026. We express our heartfelt gratitude to the Management, Principal, Vice Principal, faculty members, staff, and students whose dedication and active participation have contributed to the success of our institution. We also thank all those who provided reports, articles, photographs, and other valuable inputs for this publication. We hope this newsletter serves as a meaningful reflection of our vibrant campus life and collective accomplishments.

Editorial Board

Our Teaching Faculty



Dr. Sr. Jijimole Mathew



Dr. Christy Antony



Dr. Sr. Prasada CMC



Ms. Jinju Bastian T



Sr. Fincy Joseph P



Ms. Rinkamol



Sr. Jyothi Grace



Ms. Liji Prince



Ms. Neethu P V



Sr. Little Therese



Dr. Sr. Litty Therese



Sr. Salin Maria



Ms. Dency C D



Ms. Sumi Jacob



Ms. Sily C Thomas



Ms. Sheethal



Sr. Sindu Jose



Sr. Sreeja Devassy



Sr. Sandra CSC



Ms. Neethu v kodiyan



Ms. Rehana



Ms. Anjaly Krishnan



Ms. Remy Varghese



Ms. Dincy K Davis



Ms. Elby T Andrews



Ms. Silvia Devassy



Ms. Aswathy R



Sr. Roslin CMC



Ms. Jinu K. P



Ms. Jisha Jose



Ms. An Mariya



Ms. Neethu Joy



Ms. Varsha Prince



Ms. Jiss Sebastian



Ms. Stephy Raphy

Rabies Awareness Programme – Spreading Knowledge, Saving Lives

On 01 January 2026, the B.Sc. Nursing 2023 batch, in collaboration with NSS and the Department of Community Health Nursing, conducted a Rabies Awareness Programme at the Family Health Centre, Meloor, emphasizing prevention, first aid, and vaccination through educational activities



Nurturing Healthy Young Minds

The B.Sc. Nursing (2023 Batch) students of St. James College of Nursing conducted a School Health Programme at St. Joseph L.P. School on 6 January 2026 under the guidance of the Department of Community Health Nursing. The programme included health assessment of 64 students and awareness sessions on responsible mobile phone use and personal hygiene, promoting healthy lifestyle practices among schoolchildren



Empowering Learning Beyond Hostel Library

The Hostel Library at St. James College of Nursing was inaugurated on 12 January 2026 by Rev. Fr. Sojo Kannampuzha. Established with a collection of 99 books, the library functions from 9:00 p.m. to 11:00 p.m., providing hostel students with additional academic support under the supervision of the hostel wardens.



Inspiring Young Minds for Nation Building

National Youth Day was celebrated on 13 January 2026 with a Youth Development and Well-being Awareness session organized by ATMA Foundation in coordination with NSS Unit I. The session, led by Mrs. Sangeetha, emphasized self-awareness, emotional well-being, social responsibility, and youth leadership with active student participation.



Inlore 26 – Lokarush” – A Rhythmic Triumph

Students proudly secured Second Prize at the group dance competition “Inlore 26 – Lokarush,” organized by the Rajagiri Group on 17 January 2026. Their energetic performance, coordination, and creativity earned appreciation, showcasing talent, teamwork, and vibrant cultural spirit.



CONNECT – PTA 2026: Strengthening Bonds for Academic Excellence

“CONNECT – PTA 2026” was successfully conducted at St. James’ College of Nursing, affiliated to Kerala University of Health Sciences, on 17 January 2026. The meeting emphasized academic progress, mentoring, discipline, higher studies, PTA reports, election of office bearers, and reinforced parent–teacher collaboration for student welfare.



Renewing Minds and Strengthening Spirits



A two-day retreat was conducted on 19–20 January 2026 for B.Sc. and P.B.B.Sc. Nursing students of St. James College of Nursing. Led by Brother Bony, Brother Shaiby, and Dr. Sunil, the programme fostered spiritual growth, reflection, and moral values through inspiring talks, interactive sessions, and uplifting music.

Honouring Visionary Leadership

The birthday of Rev. Fr. Sojo Kannampuzha was joyfully celebrated on 23 January 2026 during the college assembly. The celebration included a cake-cutting ceremony, gift presentation, and birthday wishes, reflecting the college community's heartfelt appreciation, respect, and gratitude for his inspiring leadership and dedicated guidance.



Lamp Lighting Ceremony 2026 – A Sacred Beginning to the Noble Profession

The Lamp Lighting Ceremony of the B.Sc. Nursing 2025 batch was solemnly held on 24 January 2026 at St. James' College of Nursing. The ceremony included the Nurse's Pledge, inspiring messages, newsletter release, academic awards, and blessings by dignitaries, marking a meaningful initiation into the nursing profession.





77th Republic Day Celebration – Honouring the Spirit of the Nation

The 77th Republic Day was celebrated on 26 January 2026 at the college Open Auditorium with patriotic performances and a student address. The National Flag was hoisted by Rev. Fr. Sojo Kannampuzha, inspiring 51 participating students to uphold unity and national pride.

Adopted Village Activity – Spreading Awareness on Leprosy Care

The B.Sc. Nursing (2021 Batch) students of St. James College of Nursing conducted an Adopted Village Activity at FHC Meloor on 30 January 2026, focusing on leprosy awareness. The programme promoted early detection, preventive measures, stigma reduction, and the importance of timely treatment and compassionate community care.



ZESTRA 2K26 – A Grand Celebration of Talent and Unity

Arts Day ZESTRA 2K26 was vibrantly celebrated on 31 January 2026 at the Multipurpose Hall, with off-stage events held earlier. Inaugurated by Rev. Fr. Antu Alappadan, the event showcased cultural competitions, personality contests, achiever recognitions, and enthusiastic performances, celebrating creativity, unity, and student excellence.



Promoting Healthy Habits Among School Children



The B.Sc. Nursing (2023 Batch) students of St. James College of Nursing conducted a School Health Programme at J.Y.L.P. School, Meloor, on 6 February 2026. The programme included health assessment of 64 students and awareness sessions on responsible mobile phone use and personal hygiene, promoting healthy lifestyle practices among schoolchildren.

Farewell to B.Sc. Nursing 2021 Batch



The Farewell Programme for the B.Sc. Nursing 2021 Batch was conducted on 7 February 2026 at 11:30 a.m. at St. James College of Nursing and was inaugurated by Rev. Fr. Antu Alappadan.

Empowering Lives Through Early Detection



The Post Basic B.Sc. Nursing students of St. James College of Nursing, Chalakudy, organized a Cancer Awareness Programme at Meloor Junction on 7 February 2026, in collaboration with the Healthy Kerala Field Campaign, NSS, and the Department of Adult Health Nursing, benefiting 26 community members.

Health in Action

The B.Sc. Nursing students of St. James College of Nursing, in collaboration with the Department of Community Health Nursing, organized a medical camp at Kerala Feeds Limited on 9 February 2026. The camp provided health assessment and health education services, benefiting 75 employees while promoting preventive healthcare and workplace wellness.

Scientific Paper Presentation at RESONANCE 2K26

The B.Sc. Nursing students of St. James College of Nursing, in collaboration with the Department of Community Health Nursing, organized a medical camp at Kerala Feeds Limited on 9 February 2026. The camp provided health assessment and health education, benefiting 75 employees through preventive and promotive healthcare services.

Observation Visit to Infertility Hospital

The B.Sc. Nursing (2022 Batch) and Post Basic B.Sc. Nursing (2025 Batch) students visited Craft Hospital & Research Centre, Kodungallur, on 13 February 2026. The visit enhanced their understanding of infertility management, reproductive healthcare, and assisted reproductive technologies through valuable clinical exposure and practical learning experience.



CONNECT 2026 – PTA Meeting

The PTA meeting “CONNECT 2026” for PBBSc Nursing 1st and 2nd year students (2025 & 2024 batches) was held on 16 February 2026 at the Multipurpose Hall, St. James College of Nursing, Chalakudy. The meeting discussed academic progress, exams, attendance, clinical training, and student development.

Visit to Madonna Special School

The B.Sc. Nursing (2023 Batch) students of St. James College of Nursing, Chalakudy, visited Madonna Special School on 17 February 2026 as part of their Community Health Nursing posting. The students interacted with children with special needs and distributed art and craft materials, fostering compassion, inclusion, and community engagement.

First Aid Training Programme

The IQAC of St. James College of Nursing organized a First Aid Training Programme at Sacred Heart School, Chalakudy, on 19 February 2026 for Red Cross students. Led by the B.Sc. Nursing (2021 Batch) students, the session enhanced participants' knowledge and practical skills in providing basic emergency care.





ASTRA 2K26 – Sports Day

The Sports Day “ASTRA 2K26” was held on 21 February 2026 at St. James College of Nursing ground. Organized by the College Union and SNA, the event featured a march past, oath taking, torch lighting, and prize distribution, celebrating sportsmanship and student participation.

NSS State Kalolsavam – Nisari 2026

B.Sc. Nursing students of St. James College of Nursing, Chalakudy won First Prize in Group Dance at NSS State Kalolsavam “Nisari 2026” held on 22 February 2026 at Thrissur Town Hall, bringing pride and recognition to the institution.



Agri Fest 2026

B.Sc. Nursing 2024 batch students and Nature Club members of St. James College of Nursing participated in Agri Fest 2026 on 27 February 2026 at Agronomic Research Station, Chalakudy. The visit introduced students to sustainable farming, innovative technologies, and eco-friendly practices.



Saving Little Lives: Pediatric Life Support Workshop

A Pediatric Life Support Workshop was conducted on 7th March 2026 at St. James Hospital, Chalakudy, organized by the Department of Child Health Nursing. Dr. Rahul led the session, providing hands-on training in emergency response and critical care, enhancing participants' clinical skills and confidence in managing pediatric emergencies.



Empowering Women: “Strong Women, Healthy Women” Programme

An awareness programme on “Strong Women, Healthy Women” was held on 7th March 2026 at St. James College of Nursing. Organized by IQAC, Women's Cell, and OBG Department, Dr. P. Tara Thomas emphasized women's health, preventive care, empowerment, and encouraged awareness and self-care among students and faculty.



Empowering Educators: National Level Workshop Highlights

A two-day National Level Workshop on “Future Ready Faculty: OBE, Digital Pedagogy & AI” was held on March 13–14, 2026, at St. James Hospital Auditorium. Faculty actively participated, enriching their teaching skills and making the programme highly informative and successful.





A Warm Welcome to Our Esteemed Dean, Dr. Prasada

Dr. Prasada, Dean of our college, was warmly welcomed on March 16, 2026. Faculty and students extended heartfelt greetings, marking the occasion with respect and enthusiasm, and fostering a spirit of unity and inspiration.

Spreading Awareness: Tuberculosis Awareness Programme



A World Tuberculosis Day Awareness Programme was conducted on March 17, 2026, at Melur Grama Panchayat, Pakalveedu, by NSS and BSc Nursing 2022 Batch. The programme featured an awareness class, skit, and flash mob, effectively educating the public on tuberculosis prevention, symptoms, and treatment.

Excellence Recognized During KUHS Inspection

KUHS Routine Inspection was conducted on 19th March 2026 at St. James College of Nursing. The team reviewed facilities, records, academics, and student services, appreciating the institution's quality standards and efficient overall functioning.





Exploring New Dimensions: Qualitative Research Workshop

A workshop on “Contemporary Trends and Application in Qualitative Research” was held on March 21, 2026, at St. James College of Nursing. The session enhanced understanding of qualitative methods and promoted evidence-based academic practices among students and faculty.

Career Guidance for Global Nursing Opportunities

A Career Guidance Session was held on 24 March 2026 at St. James College of Nursing, Chalakudy. The programme highlighted overseas opportunities, OET preparation, English communication, LSRW skills, and AI-based learning methods for career advancement.



Long jump

Second prize



Active Participation in Zonal Sports Meet

The Zonal Sports Meet was held on 23rd and 24th March 2026 at Government College, Palakkad. Students of St. James College of Nursing, Chalakudy actively participated, showcasing athletic talent, teamwork, and true sportsmanship with great enthusiasm.



Know Your Rights: Legal Awareness Drive

The Women Cell organized a Legal Awareness Session on 25th March 2026 for B.Sc Nursing 2025 batch students. Adv. Aleena C. Binu enlightened students on legal rights, responsibilities, and laws related to nursing practice and daily life.



Career Expo and Campus Interview

A campus interview was conducted on 26 March 2026 for the 2021 batch students by St. James Hospital Management at St. James College of Nursing, Chalakudy. Students participated confidently, gaining valuable recruitment experience and career opportunities.



Heartfelt Farewell to Sr. Symphoria

A farewell programme for Sr. Symphoria was held on 28 March 2026 at St. James College of Nursing, Chalakudy. Faculty and students expressed gratitude, shared memories, and conveyed best wishes in a heartfelt and memorable gathering.



Get Started with Research

An IQAC training programme, “Get Started with Research,” was conducted on 8 April 2026 for B.Sc. Nursing 2023 Batch students. Led by Dr. Jijimole Mathew, Principal, the session introduced research basics and inspired student interest in research activities.



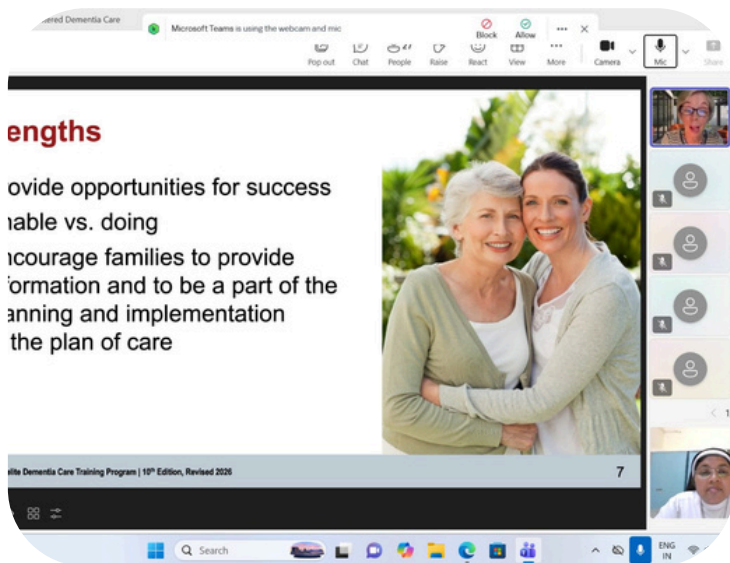
A Proud Academic Milestone

The textbook Nursing Management and Leadership, authored by Sr. Prasada CMC, Dean of St. James College of Nursing, was released on 17 April 2026 in the presence of N. Gayathri and Deepa S. Nair. The event marked a proud academic achievement.



Faculty Development Programme

The FDP “Catalyst to Competence” was held from 16–18 April 2026 with 39 participants, including 10 from Mariam Theresa College. Sessions by Prof. Manju S and Dr. Chanlin Chacko focused on innovative teaching. Certificates were awarded to all participants.



Workshop on: The Philosophy of Person-Centered Dementia Care

The Community Health Nursing Department of St. James College of Nursing, Chalakudy, organized a workshop on *"The Philosophy of Person-Centered Dementia Care"* on 20 April 2026 from 6:30 pm to 8:00 pm. The session was led by Clare Horn, LCSW from the Avila Institute of Gerontology, and participants provided positive feedback, stating that the session enhanced their understanding of compassionate dementia care.



Seamless KNMC Inspection Reflecting Institutional Excellence

The KNMC inspection was conducted on 24 April 2026 by Prof. Manju and Mrs. Lisha Varghese. The process was carried out smoothly and systematically, ensuring compliance with required academic and institutional standards.

Caring Hearts: Outreach Programme for the Elderly



The Community Health Nursing Department, in collaboration with Post Basic B.Sc. Nursing 2024 batch students, conducted an old age programme at Maria Shanthi Bhavan, Mellur on 29 April 2026. The programme focused on promoting elderly well-being through interaction, health awareness, and recreational activities, bringing joy and support to the residents.

NURIXA 2K26



The Nurses Day Celebration organized by the Student Nurses Association on 13 May 2026, was inaugurated by Rev. Fr. Sojo Kannampuzha. Rev. Sr. Blaize CHF was honoured for her service. Theme presentation, pledge, cultural programmes, competitions, and prize distribution highlighted the event.

Safety Through Awareness



A Health Awareness Program on Snake Bite and Its Management was conducted on 12 May at Potta Ward 2 by the P.B.B.Sc. Nursing 2024 Batch in association with the Department of Community Health Nursing. The session educated community members on prevention, first aid, and timely medical care for snake bite emergencies.

Workplace Skills Advancement Session



A Workplace Skills Advancement Session was conducted on 21 May 2026 at the Seminar Hall, organized by the IQAC of St. James College of Nursing, Chalakudy. The session was led by Dr. Sr. Prasada, Dean of Academics. It focused on enhancing professional skills, workplace communication, and career readiness among students, helping them prepare for future professional responsibilities.

Reaching Out to Tribal Communities

A community outreach program was conducted on 23 May at the Vazhachal Tribal Area by the P.B.B.Sc Nursing 2024 Batch in association with the Department of Community Health Nursing. The program focused on health education and awareness, addressing the health needs of the tribal community. It promoted healthy practices and strengthened community engagement through interactive sessions and educational activities.



B.Sc Nursing Internship Inauguration

The B.Sc. Nursing Internship for the 2022 Batch (8th Semester) was inaugurated on 29 May 2026 at St. James College of Nursing, Chalakudy. Faculty members highlighted internship objectives, expectations, and the importance of professionalism, ethical practice, and excellence in clinical training.



Say No to Tobacco

As part of the Adopted Village Activity, a No Tobacco Day Awareness Programme was conducted on 29 May at FHC Meloor by the NSS, AHN, and B.Sc Nursing 2022 Batch. The programme aimed to educate the community about the harmful effects of tobacco use and the importance of adopting a tobacco-free lifestyle. Health education sessions were conducted to promote awareness and encourage healthy living practices.



Career Guidance Sessions for Future Professionals

Career guidance sessions were conducted on 29 May for nursing students by EU Academics and Stargate Academy and Career Solutions. The programme provided insights into higher education, career opportunities, skill development, and employment prospects, helping students make informed decisions about their professional future.

AACSJCON CONNECT 2026

The Alumni Association of St. James College of Nursing organized AACSJCON CONNECT 2026 on 03 June 2026 at the College Auditorium. The reunion brought alumni and faculty together through meaningful interactions, cultural programmes, and fellowship lunch, strengthening professional bonds and celebrating the enduring spirit of St. James family.

Graduation Ceremony 2K26

The Graduation Ceremony 2K26 was held on 4 June 2026 at St. James College of Pharmaceutical Sciences, Chalakudy. Graduates from B.Sc. Nursing, P.B.B.Sc. Nursing, B.Pharm, Pharm.D, and M.Pharm programmes were honored. The ceremony celebrated academic achievement and professional commitment, with distinguished guests, certificate distribution, oath recital, and reflections by graduates. The event marked an important milestone in the graduates' journey of service and excellence.





World Environment Day 2026

The NSS Unit and B.Sc. Nursing (2025 Batch) students of St. James College of Nursing observed World Environment Day on 5 June 2026 by organizing an awareness programme at Pakalveedu, Poolany. The initiative promoted environmental conservation, sustainable living, and community responsibility towards building a greener and healthier future.



A Day of Joy at Vagamon

The B.Sc. Nursing 2025 Batch organized a picnic to Vagamon on 7 June 2026. The excursion provided students with an opportunity to relax, explore the scenic beauty of Vagamon, and strengthen friendships. The trip offered memorable experiences, recreation, and rejuvenation beyond academic activities.



Blessing of the College Premises

The Campus Blessing Ceremony was held on 12th June at St. James College of Nursing to invoke God's blessings for the new academic year. Faculty members, students, and management participated prayerfully, seeking divine guidance, wisdom, and protection for a fruitful and successful academic journey.



A Celebration of Faith and Leadership

The Feast Day of Rev. Fr. Sojo Kannampuzha was celebrated on 12 June 2026 with joy and gratitude at St. James College of Nursing. Faculty, staff, and students extended their heartfelt wishes and prayers, appreciating his dedicated leadership, guidance, and valuable contributions to the institution.

Honouring Mothers Through Health and Care

As part of the International Mother's Day Celebration 2K26, the WDC, IQAC, and Women's Cell organized a Dental Wellness Drive on 12 June 2026. The programme, led by expert dental professionals, promoted oral health awareness and emphasized the importance of preventive dental care among participants.



Fostering a Culture of Reading

The Reading Week Celebration 2026 commenced on 15 June 2026 at St. James College of Nursing with the theme "Building a Reading Culture, Build a Nation." The week-long observance aimed to inspire reading habits, promote lifelong learning, and enhance intellectual growth among students and faculty members.





Promoting Health and Well-being

To mark International Yoga Day, the NSS Unit, Recreation Club, and SSGP organized an awareness class and yoga training session on 18 June 2026. Led by Yoga Master Mr. Sidartha, the programme encouraged participants to adopt yoga for physical fitness, mental wellness, and stress management.



Celebrating Literary Excellence

The Valedictory Function of Reading Week 2026 was held on 19 June 2026, marking the successful conclusion of the week-long celebration. The occasion was made special by honouring Dr. Sr. Prasada for the publication of her Nursing Management textbook, recognizing her outstanding academic contribution and commitment to nursing education.



A Milestone of Academic Excellence

The St. James College of Nursing family proudly celebrated the remarkable achievement of Dr. Sr. Jyothi Grace on successfully earning her Doctor of Philosophy (Ph.D.) degree. This prestigious accomplishment reflects her dedication to academic excellence, research, and lifelong learning, bringing honour and inspiration to the institution.

Blood Donation Camp

A Blood Donation Camp was organized on 24th June at Mathilakam by St. James Hospital in collaboration with the Department of Community Health Nursing, St. James College of Nursing, with the active participation of the B.Sc. Nursing 2022 Batch. The camp promoted voluntary blood donation and community service, receiving an encouraging response from the public and contributing to the lifesaving mission of blood donation.

Say No to Drugs

As part of the International Day Against Drug Abuse and Illicit Trafficking, an awareness programme titled "Say No to Drugs" was organized on 25th June by the NSS Unit, Anti-Narcotic Cell, and SSGP of St. James College of Nursing. The programme aimed to educate students about the harmful effects of drug abuse, promote a drug-free lifestyle, and encourage them to make healthy and responsible choices.

Zonal Arts – Thoolika 2026

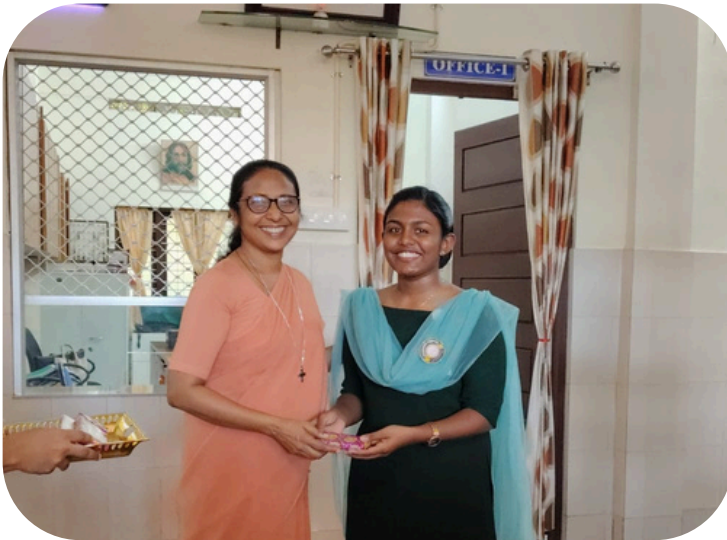
Zonal Arts – Thoolika: Students of St. James College of Nursing excelled at the Zonal Arts Festival. Mariya Mathew (B.Sc. 2022 Batch) secured First Prize in Poem Writing, while Aswathy Krishna (B.Sc. 2024 Batch) won Second Prize in Floor Decoration, bringing pride to the institution.



Zonal Arts THOOLIKA Poem Writing First Prize  Mariya Mathew St. James's College Of Nursing Bsc. 22 Batch	Zonal Arts THOOLIKA Floor Decoration Second Prize  Aswathy krishna St. James's College Of Nursing Bsc. 24 Batch
--	---

Scholastic Excellence

The Students' Union proudly honors the outstanding academic achievements of our university examination toppers. Their dedication, perseverance, and commitment to excellence have brought pride to the institution. We congratulate all achievers and wish them continued success in their future academic and professional endeavors.



International Expert Talk on OSCE

The IQAC organized an International Expert Session on OSCE Excellence on 27th June 2026 at the Seminar Hall. Ms. Betty Roy, HOD, OSCE Department, Australia Education, Migration & Legal Services, Flyworld Group, UAE, delivered an insightful session, strengthening students' clinical competencies and preparing them for international OSCE standards and nursing practice.



Anti-ragging and drug Free Campus



Stars of Scholastic Excellence

Pride of the 2nd Semester



Ms Ciya Johnson

Pride of the 5th Semester



Ms Jima Mariya Joju

Pride of the 6th Semester



Mr Femin Raphel



Ms Anjana Martin

Pride of the 8th Semester



Ms Angel Joju

Pride of the PBBSc 2024 Batch



Ms Akhila K F

OUR COLLEGE FACILITIES

ST. JAMES
COLLEGE OF NURSING
CHALAKUDY

Empowering Learning, Enriching Lives

Excellence in Nursing Education



CHAPEL



LIBRARY



COMPUTER LAB



SKILLS LAB



CANTEEN



RECREATION AREA

A Nurturing Environment for Excellence in Nursing Education

