



St. James' College of Nursing

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River Bank, Govt. Hospital Road, Chalakudy-680 307, Thrissur, Kerala, India.

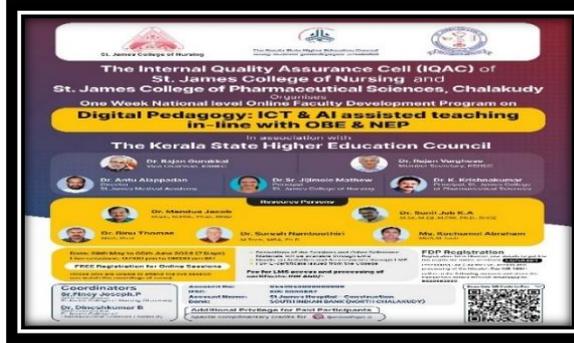
MOB: 9188521464, Phone: 0480 2710971, 2710 900, Fax: 0480 2710 912

Website: www.stjamescollegeofnursing.com E-Mail: stjamesnsgcollege@gmail.com

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IQAC Activity Report 20242025

Month	Activity Report	Photos
June 2024	<p>Faculty development program: an FDP on Digital pedagogy: ICT & AI-assisted teaching in -line with OBE & NEP in association with The Kerala State Higher Education Council is organized by IQAC from 29 th May to 5 June 2024 (7 days).</p> <p>Environment Day: As part of Environment Day, the Community Health Nursing and NSS departments of St. James College of Nursing, Chalakudy, celebrated the occasion on June 5th by conducting an educational program and planting herbal and vegetable plants in the college garden. Additionally, the day was celebrated at the Divine Rehabilitation Center by the PBBSc 2022 batch</p>	 



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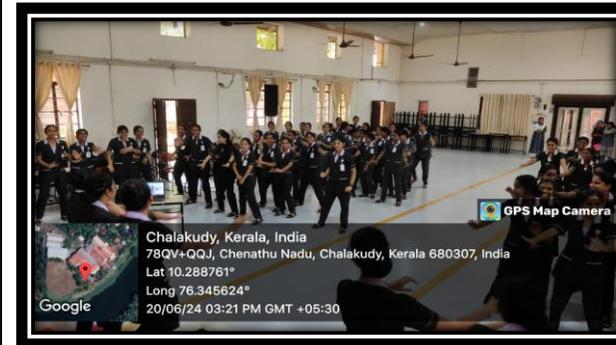
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Reading Week: The Library and IQAC of St. James College of Nursing celebrated Reading Week from June 19 to 20, starting with the theme opening on June 19 during the assembly, followed by various competitions throughout the week. As part of the celebration, Ms. Sabeena from the BSc 2020 batch was elected the Best Library User.

Happy Hours and Club Activities: The BSc 2023 and KUHS Union organized a Happy Hours and Club Activities event on June 20, 2024. The event, which was overseen by the respective club conveners, featured a variety of engaging club activities. Additionally, the June relaxation program was part of the event, allowing students to unwind and enjoy.

National Yoga Day: The IVth semester BSc Nursing students (2022 Batch) of St. James College of Nursing, Chalakudy, conducted a health





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awareness program on National Yoga Day at THQH Chalakudy. The event was organized on 21/06/2024, from 10:00 AM to 12:00 PM by the NSS and KUHS Student Union. The theme for National Yoga Day 2024 was “Yoga for Self and Society.” During the program, students conducted an informative awareness session on yoga and its benefits. In addition, a yoga dance and practice session were held. A total of 42 participants attended the program, which was highly informative and well-received. The theme was also presented during the morning assembly of the college.

Arts day: “Atrangi 2k24” onstage and offstage cultural competitions were conducted at St James College of Nursing, chalakudy on 20/06/2024, 21/06/2024, 24/06/2024 and 25/06/2024. The arts day Programme was titled “Atrangi”. The off-stage competitions were conducted on the 20th and 21st of June at scheduled venues. The official programme began at 9.00 am on 25th june with a formal inauguration. Director of St James Medical Academy Rev. Dr.Antu Alappadan, principal of St.James College of Nursing Dr. Sr. Jijimole Mathew, vice





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principal of St. James College of Nursing Prof. Sr. Symphoria, and SNA executives were present on the dais

Outreach activities: BSC 2022 batch, NSS, and the Adult Health Nursing Department of St. James College of Nursing, Chalakudy conducted a **Geriatric Clinic and Awareness Programme** at Mariya Shanthi Old age home, Meloor on 27th June 2024. The program started at 10.00 am with the Geriatric clinic. 23 participants 50 students and 05 faculties attended the clinic. The students talked about exercise, and its importance and conducted a demonstration of exercise. The program ended at 1:00 pm.

National Drug Abuse Awareness Day: Vth Semester BSc Nursing Students (2021Batch) of St. James college of Nursing Chalakudy Conducted a health awareness program on National Drug Abuse Awareness day at St. Joseph L.P.S Chalakudy. It was organized on 26/06/2024 from 1.30 pm to 3.30 pm. All the 90 students took the oath of drug abuse awareness day. Students conducted an awareness class regarding drug abuse. The program was very informative.





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July
2024

SEMINAR: The BSc 2020 batch and Nursing Education unit organized a seminar on **simulation-based learning** on 12 July 2024 at 2 p.m. in the seminar hall as part of the curriculum.

Symposium: As part of Nursing Education on 11/07/2024 at 2pm students of BSc 2020 batch conducted symposium on Artificial Intelligence in Health Care.





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Hands-on training: A hands-on “R” analytics training program was conducted on July 20, 2024, from 2 pm to 4 pm organized by the Research cell, community health Nursing department, and IQAC

Second-year PBBsc Nursing students (2022 Batch) of St. James College of Nursing, Chalakudy, conducted an awareness program on **food-borne diseases** at THQH, Chalakudy. It was organized on 22/07/2024 from 9.30 to 11.00 a.m. The class mainly focused on the preventive and curative aspects of food-borne diseases.





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Outreach activities: BSc 2020 batch, NSS and Community health nursing department of St. James College of Nursing, Chalakudy organized a **School Health Programme** at VBLPS Poolani on 26th July 2024. The program started at 1.30 pm with a Health assessment and dental clinic. 150 students attended the clinic. The students gave an awareness class about personal and dental hygiene and a balanced diet. The program ended at 4:00 pm.



August 2024

Workshop: The OBG department organized a workshop on **complementary therapy for pain management** on August 13th, from 1:30 PM to 4:30 PM. The event was attended by ASHA workers from Chalakudy Municipality, women from the neighboring St. James Medical Academy, and faculty members





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Breastfeeding Week celebration: "AMAMENTAR" The events, including the awareness programs at Taluk Hospital Chaladudy and Family Health Centre Mellor, the debate competition, and the quiz, effectively increased awareness, engaged participants, and provided valuable information on breastfeeding. benefits of breastfeeding and provide support to breastfeeding mothers. The program is organized by OBG dept and IQAC

Outreach Activities: The BSc 2020 batch and OBG department of St. James College of Nursing, Chalakudy conducted an Awareness Programme regarding the **importance of Breastfeeding** at FHC Melloor on 07/08/2024. The program started at 10,30 am. 25 mothers attended the program.





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Career Guidance: A seminar on career guidance is organized for the final year students BSc 2020 students by placement cell on 10/08/2024 from 2 pm to 4 pm in the seminar hall



Independence Day: The PBBSC 2023 batch of St. James College of Nursing, Chalakudy, conducted a Programme on Independence Day, 15th August 2024, in the college. The program started at 8:30 a.m. with various events and flag hoisting. 100 students attended the Programme. Students presented the theme of the Lahari Vimuktha Campaign and planted trees.





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Research Day celebration: The Research Day Celebration at St. James' College of Nursing was held on August 17, 2024. This annual event brought together students, faculty, and distinguished guests to celebrate research achievements and promote academic excellence.: The Jamesian Summit 2k24 book was released by the Director of St. James' Hospital & Medical Academy



Happy Hours and Club Activities: The PBBS Sc 2022 and KUHS Union organized a Happy Hours and Club Activities event on August 22, 2024. The event, which was overseen by the respective club conveners, featured a variety of engaging club activities. Additionally, the August relaxation program was part of the event, allowing students to unwind and enjoy.





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Value-added course: Value-added course on **Healthy lifestyle** conducted on 23/08/2024 in the seminar hall for BSc 2022 and PBBSc 2023 by Fr. Joby



Anti-Ragging Awareness program: An anti-ragging awareness program conducted for the students on 30/08/2024 by Anti- ragging committee .it includes a meeting with local police authorities and an awareness class.



September 2024 Tribal Development Activity: Community Health Nursing posting and second-year PBBSc Nursing students (2022 Batch) of St. James college



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of Nursing, Chalakudy, visited Tribal colony Pothupara, Anakayan on 25/09/2024 (Wednesday) at 10Am along with Ms. Christy Antony, Ms. Shaiby Augustine, and Ms. Fima Issac. We conducted home visit under the guidance of the forest officers Mr. Ravishankar and Mr. Gopalan. We visited 26 tribal families and assessed their needs and problems. At 11:30 am, a gathering was held in the community hall, where a skit was performed to highlight the significance of education. Additionally, Nurse run clinics were organized, including an under-five clinic, geriatric clinic, adolescent clinic and, women's clinic which facilitated health assessment and the identification of health problems

Happy Hours and Club Activities; On 12th September 2024, Thursday, club activities were conducted by various clubs from 2:00 PM to 3:00 PM in their assigned areas. Following this, under the guidance of Principal Dr. Sr. Jijimol Mathew, the students of the BSc Nursing 2021 batch conducted a relaxation program at 3:00 PM in the Wellness Hall of the college. The program included a gaming session and a recreational dance. All the students participated in the program, and it was a grand success. Everyone enjoyed the event thoroughly





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World Heart Day: As part of World Heart Day, St. James College of Nursing and Hospital conducted a walk-on thon to Chalakudy town on 28/09/2024 at 6.30 am. Students from every batch and teachers participated.



Teachers' day celebration: The celebration was conducted on 10/09/24 at 3.00 pm. Every batch was assigned various duties to fulfill the celebration. The program started with a prayer followed with tribute to Teachers by the students. A game session was conducted and the winners for the same. Principal Dr. Sr. Jijimole Mathew shared her experience as a nurse and motivated everyone to attain their future goal. All the Teachers were gifted with tokens of love from the students. Dr. Sr. Jijimole Mathew gave feedback on the program and it was concluded with the national anthem at 4.00 pm.





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Onam celebration:

Onam celebration of our college was conducted on 13/09/2024. It was planned as a joint and simple program of all 3 institutions of the medical academy namely St. James college of Nursing, St. James College of Pharmaceutical Sciences, and St. James College of Allied Sciences. A traditional pookalam was set in front of the stage by representatives of all three institutions. Malayalimanka and purushakesari competitions were conducted followed by a tug of war for the students. The official program was started at 10.30 am. All the institutions came up with onam-related programs like thiruvathira, onam song, and dance. winners of the games and competitions were awarded by Rev. Fr. Manoj Mekkadath. A message and Onam song were delivered by Rev. Fr. Clement. Concluded the event by around 1.00 pm with the distribution of Payasam and chips.

For teachers, Onam kit distribution was done by Fr. Manoj Mekkadath





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October
2024

Outreach Activities: PBBSC 2022 batch students and the community health department of St. James College of Nursing, Chalakudy conducted the **cleaning campaign** at FHC Meloor on 27/09/2024. 13 students participated in the cleaning of FHC from 10 am- 12 pm.



Old Age Day celebration: The students of St. James College of Nursing, Chalakudy took a pledge on **Vayojanadinam** and gave a speech on taking care of old people. It was conducted in a multipurpose hall on 01/10/2024 at 8 a.m. 250 students participated in the program and took the pledge.





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Faculty Tour: faculty tour was on 11/10/2024 to pummamada houseboat at Alappuzha. The program include teaching and non-teaching staff along with principal and Associated directed Fr.Manoj.

Happy Hours and Club Activities: On 17th October 2024, the Student Club and KUHS Union conducted club activities and relaxation programs from 2:00 PM to 4:00 PM. The club activities concluded by 3:00 PM, and the relaxation program started at 3:00 PM. The BSc Nursing 2020 batch hosted the relaxation program at St. James College of Nursing, Chalakudy. The program began with a prayer, followed by Ms. Anet Thomas, a student from the 2020 batch, who welcomed the gathering. Ms. Alphy C.J. introduced relaxation techniques and conducted a Zumba session, followed by game





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Course Inauguration: On 22/10/2024 BSc and PBBS 2024 batch inauguration done by Rev.Fr.Autu Alappadan and Fr.Manoj Mekkedath.

Add on course: Nursing foundation department conducted course on **Human value** for BSc and PBBS 2024 batch. the resource person was Fr.Jolly Vadakan

Workshop: Adult health Nursing Department and IQAC of St. James College of Nursing conducted a workshop on **communication strategy**. The resource person was Fr. Robin Chittuparambil ON 26\10/2024 at 10am in the seminar hall. The program was successful and 45 members were participated





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Outreach Activities: BSC 2020 batch, Nursing Foundation Department, and NSS Unit of St. James College of Nursing, Chalakudy conducted a **breast cancer awareness Programme** at Family Health Centre, Meloor on 30th October 2024. The program started at 10 am with a small introduction, around 37 participants attended the session. The students briefly explained the different aspects of breast cancer such as definition, risk groups, etiology, stages, treatment measures, and Breast Self-Examination. The program ended at 11 am.

Dental camp: As a part of **Girl child day**, Fourth-year BSc Nursing students (2020 Batch) along with Women cell, IQAC and KUHS union of St. James College of Nursing, Chalakudy, conducted a dental health programme at Government LP School, East Chalakudy on 28/10/2024 from 10:00 am.- 12:00 pm. Followed by the inaugural session, Dr. Laiju and Dr. Gigo (Members of the Indian Dental Association) provided dental check-ups. After that health education regarding the topics of Personal hygiene and Dental hygiene was given. Dental check-ups of a total of 60 children were done. Informed the school faculties about the students who need further referral.





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Add on course: Nursing Foundation Department of St. James College of Nursing conducted **yoga** training Programme for 3 day started on 29/10/2024 in auditorium for BSc and PBBS 2024. Trainer of the program Sr. Infant Treasa



NATIONAL UNITY DAY; On 31\10\2024 The National Service Scheme (NSS) volunteers of the 2023 batch at St. James College of Nursing organized a pledge-taking ceremony as part of the National Unity Day celebrations. National Unity Day is celebrated annually to honour the birth anniversary of Sardar Vallabhbhai Patel, known as the "Iron Man of India. The event began at 8:15 am with students and staff gathering in the open auditorium. The NSS volunteers led the pledge-taking session, and faculty members present.



(Approved by Govt. of Kerala, Indian Nursing Council, Kerala Nurses & Midwives Council and Affiliated to Kerala University of Health Sciences)



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**November
2024**

Outreach Activities: The VIth semester BSc Nursing students (2021 batch) of St. James College of Nursing, Chalakudy, conducted an awareness program on **personal hygiene** on 15th November 2024. 78 Students from 1st, 2nd, 3rd, and 4th classes actively participated for the Programme. The students raised awareness through a flash mob and action song. Everyone enjoyed the session

Happy Hours and Club Activities: The BSc nursing 2023 batch conducted a relaxation program on 21 November 2024 at St. James College of Nursing, Chalakudy. The program started at 3.00 pm, after club activities with prayer. Ms. Ann Jose, student 2023 batch welcomed the gathering. and introduced relaxation techniques. conducted a few gaming sessions.

Bridge course: A bridge course on **Middle-Level Health Providers** was conducted for BSc. Nursing 2020. This course was designed to assist students in developing expertise and an in-depth understanding of Public Health.





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**December
2024**

World AIDS Day: 2nd-year PBBS Sc Nursing students (2023 Batch) of St. James College of Nursing Chalakudy Conducted a health awareness program on World AIDS Day at KSRTC bus stand Chalakudy. It was organized on 02/12/2024 from 10 am to 11 am by NSS. students were presented with the theme of world AIDS Day 2024 “Take the rights path, My Health my Rights”. Students conducted a street play on HIV and its prevention methods. 36 participants attended the programme. The program was very informative.



Outreach Activities: AHN departmental and second-year B.sc Nursing students (2023 Batch) of St. James College of Nursing, Chalakudy conducted an Awareness Programme on **Dengue fever** at Primary Health Center Meloor. It was organized on 18/12/2024 from 10.30-12.00 pm. The class mainly focused on dengue fever's causes, and





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preventive and curative aspects. There were 29 participants were attended the same.

International Day of Disabled Persons: As a part of this day, the KUHS union prepared a video and published it in the YouTube channel

Career Expo: IQAC and the Career Guidance cell of St. James College of Nursing conducted a career expo on 18/12/2024 by the Career Expo Team from Artemis Apollo Hospital, Delhi, from which 44 students were selected

Academic audit

An internal academic audit was conducted on 18/12/2024 by audit team members Ms. Jinju Bastian T, and Sr. Fincy Joseph. Auditors verified records and discussed with HODs and criteria conveners based on infrastructure





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facilities, teaching learning and monitoring, curriculum implementation, quality assurance system, research enabling environment, outreach programs, SSGP, institutional governance, innovation & and best practice, and feedback.

Collecting feedback from stakeholders

Curriculum feedback is collected and analyzed from various stakeholders. The analyzed data and suggestions were discussed in the curriculum committee meeting and faculty meeting. Made an action taken report.

Performance appraisal of staff: Performance appraisal of staff collected from students and principal and appraisal done.

Add-on course: The OBG department of St. James College of Nursing conducted an online platform for the BSc 2020 batch from 02/12/2024 to 13/12/2024. The topic was trends, issues, and professional roles in OBG Nursing, and distributed certificates to attendees



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AQAR Submission: On 21/12/2024 AQAR 2023-2024 was submitted by Fr. Manoj in the online portal

Christmas Day celebration: Letizia Espera 2024, was held on 21st December 2024 at 11:30 AM with grandeur and festive spirit. This year, while the event was a collective effort of the entire academy, the College of Nursing and KUHS Student Union of Nursing College proudly took the lead in organizing the festivities, making the celebration truly special. Management provided 2500/- as festival allowance for staff.





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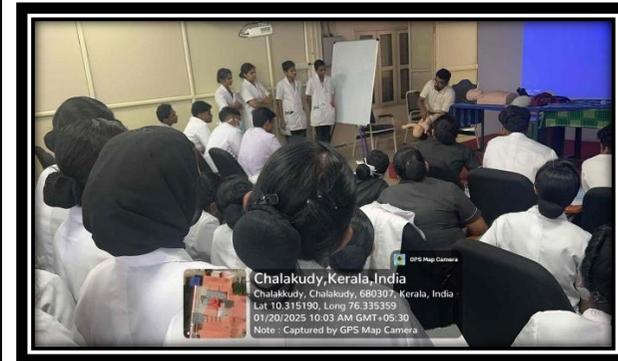
ST. JAMES' MEDICAL ACADEMY

January
2025

INIZIA- New year celebration: The college celebrated INITIA, On 1st January 2025, the New Year program, with joy and enthusiasm after the morning assembly. The event was graced by the presence of the Principal and all faculty members, who extended heartfelt New Year wishes to the students. The celebration included short cultural performances and messages of hope and positivity, marking a cheerful beginning to the year.

BLS Training: On 20th January 2025, Dr Rahul from the parent hospital emergency department conducted a Skill training session for BLS. The students practised in groups

An **IQAC meeting** was conducted on 21st January 2025 with the presence of Fr. Manoj Mekkadath. The meeting focused on reviewing the quality initiatives and academic enhancement activities of the institution, ensuring continuous improvement in all areas of functioning.





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A webinar on mental health: MHN department organized a webinar on the topic “it’s the time to prioritize mental health in nursing in the workplace” on 30th January 2025. Mr. Mc Elvis Lopez was the resource person.





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**February
2025**

Workshop disaster management: The Department of Adult Health Nursing (AHN), in association with the Hospital Management, conducted a training session for health workers in the hospital on 25th February 2025. The session aimed to enhance the knowledge and skills of health workers, focusing on improving patient care and promoting professional excellence

Seminar "Cosmetology": the programme BELLE was conducted by Dr Sheethal Mathew on 27th February 2025. The event was organised by the Women's Cell in association with IQAC. The session provided valuable insights into skin and hair care, beauty science, and professional grooming, promoting self-care and confidence among participants.





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Outreach programme: The IQAC, OBG Department, in collaboration with the P.B.B.Sc. Nursing 2024 batch conducted a Health Awareness Programme on the topic “Cervical Cancer” at Meloor Panchayath on 28th February 2025. The session aimed to educate the community on the importance of early detection, prevention, and management of cervical cancer, promoting women’s health and well-being through active community participation.



March
2025

Debate Competition: The Women’s Cell and Gender Sensitisation Cell jointly conducted a Debate Competition on 3rd March 2025. The event provided a platform for students to express their views on contemporary gender-related issues, encouraging critical thinking, awareness, and respectful dialogue on topics promoting equality and empowerment.





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FDP on Statistical methods for data analysis & skill training: A Faculty Development Programme (FDP) on “Statistical Methods for Data Analysis & Skill Training” was conducted on 8th March 2025 for all faculty members. Ms. Geethu Gopinath served as the resource person for the session. The programme included a hands-on training session, enabling participants to gain practical knowledge and enhance their analytical and research skills.

FDP on E- Merge: The Department of IQAC and OBG, St. James College of Nursing, Chalakudy, organised a one-day faculty workshop titled “E-Merge: Content Creation” on August 25, 2025, at 9:00 AM. The workshop was designed exclusively for the faculty members with the vision of enhancing skills in creating meaningful, innovative, and effective content for teaching and academic excellence.

Fire and Safety Training: A training session on “Ensuring Safety and Saving Life” was conducted by Mr. Naijo Anto, the resource person, in the Multipurpose Hall on 27th March 2025. The session was followed by





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April
2025

a mock drill and was attended by the First-Year B.Sc. Nursing and Post Basic B.Sc. Nursing students (2024 batch).

Say No to Drugs” Awareness Programme:The NSS Unit and the Department of Community Health Nursing jointly organized an awareness programme at the KSRTC Bus Stand on 3rd April 2025. The event included a human chain, rally, and a pledge against drug abuse. The programme was actively participated in by the B.Sc. Nursing 2021 batch, Post Basic B.Sc. Nursing 2024 batch, and the faculty members

Adopted Village Activity:The Department of Community Health Nursing, in association with the B.Sc. Nursing 2021 batch, conducted a health awareness programme on Dengue Fever at the Meloor Family Health Centre on 30th April as part of the Adopted Village Activity.





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May
2025

Faculty Development Programme (FDP): The IQAC organised a Faculty Development Programme on “Experiential Learning Programme on Physical Assessment – Status Physicalis AEstimare” on 2nd May 2025. Ms. Betty K. D. served as the resource person, and the session included both theory and practical components

Training Programme on Quality-Related Tools:The IQAC organized a training programme titled “Field to Finding: A Journey through Qualitative Data Analysis” on 8th May 2025. The session was led by Fr. Binoy, the resource person, and was attended by the B.Sc. Nursing 2023 batch, Post Basic B.Sc. Nursing 2024 batch, and faculty members.

Workshop “Introduction to Pediatric Advanced Life Support”: The Child Health Department organized a training programme titled **Kidvive** on 16th May 2025. The session was led by Dr. Saneesh, the resource person, and was attended by the B.Sc. Nursing 2022 batch.





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Two-Day National Workshop: A Two-Day National Workshop on “Current Practices and Trends in Qualitative Research” was organized by the IQAC and Research Cell on 30th and 31st May 2025. The resource person was Dr. Namitha Subramanyam, Principal, MOSC College of Nursing. The event also included scientific paper presentations and an e-poster competition



IQAC coordinator

Principal